

# CME DAYS AARAU

## Friday, 03. & Saturday, 04. September 2021



Kantonsspital Aarau



On behalf of the Swiss Society of Nephrology and the Young Swiss Nephrology it is my pleasure to invite you to Aarau for a two day learning experience. The topics this year are the urinary sediment, hypertension, chronic kidney disease and renal replacement therapy.

You will be a very active part in this course as most will be in groups and hands-on. Traditional presentations will only be a significantly smaller part. We are joined by top national and international teachers. These days are for our renal fellows and young nephrologist.

Prof. Stephan Segerer, Aarau & Young Swiss Nephrology

## CME Day 1: Friday 03.09.2021

### WORKSHOP URINARY SEDIMENT FOR NEPHROLOGISTS

08:30 - 08:35	Welcome and "Housekeeping"	
08:35 - 09:00	General Approach to the urinary sediment	Florian Buchkremer
09:00 - 09:20	Glomerular hematuria	Nilufar Mohebbi
09:20 - 09:40	Tubular injury	Stefan Farese
09:40 - 10:00	Coffee Break	
10:00 - 12:00	Hands-on training (4 groups, all three tutors)	
	A: Sediment preparation and microscopy	
	B: Case 1	
	C: Case 2	
	D: Urinalysis in the central laboratory	
12:00 - 12:20	Case Presentation by the groups (2 minutes each)	
12:20 - 13:00	Lunchbreak	

### HYPERTENSION AND CHRONIC KIDNEY DISEASE

13:00 - 13:10	Introduction	Lukas Gerber
13:10 - 13:40	Evaluation of secondary Hypertension (talk)	
13:45 - 14:15	Work in groups: The young patient with hypertension	
14:15 - 14:45	Presentation of the groups ( 3 groups, 6 min presentation and 4 min discussion)	
14:45 - 15:15	Antihypertensive treatment	Dusan Harmacek
15:15 - 15:30	Coffee Break	
15:30 - 16:00	CKD 5 and transition to dialysis	Jennifer Scotti Gerber
15:45 - 16:30	Work in groups: CKD Treatment	Jennifer Scotti Gerber Stephan Segerer
16:30 - 17:00	Presentation of the groups ( 3 groups, 6 min presentation and 4 min discussion)	
17:00 - 17:40	Patient Education	Carla Hertel
17:40 - 17:45	Evaluation	
17:45	"Meet and Great" Apéro of the Young Swiss Nephrology	

<b>CME day 2: Saturday 04.09.2020</b>		
<b>HEMODIALYSIS AND PERITONEAL DIALYSIS</b>		
<b>Hemodialysis</b>		
08:30 - 08:40	Introduction	Dominik Uehlinger
08:40 - 09:10	Hemodialysis prescription and regular controls (talk)	Dominik Uehlinger
09:10 - 09:55	Work in groups: Dialysis complications (3 groups)	
10:00 - 10:30	Hands on: Hemodialysis machine (supported by Fresenius)	Tanja von Arx Dirk Friedrich
10:30 - 10:45	Coffee Break	
10:45 - 11:15	Vascular Access (preparation and regular examination)	Stephan Segerer
11:15 - 12:00	Work in groups: Vascular access (regular evaluation and complications)	Stephan Segerer Dominik Uehlinger
12:00 - 13:00	Lunchbreak	
<b>PERITONEAL DIALYSIS</b>		
13:00 - 13:10	Introduction	Felix Burkhalter
13:10 - 13:40	PD basics: Membrane function and PET test	Felix Burkhalter
13:45 - 14:30	Work in groups: PD Prescription, how to start and how to adjust	Felix Burkhalter Reto Venzin
14:30 - 15:00	Hands on: Change a bag and Cyclor (supported by Baxter)	Tanja von Arx Dirk Friedrich
15:00 - 15:15	Coffee Break	
15:15 - 15:45	PD Prescription and ultrafiltration failure	Reto Venzin
15:45 - 16:30	Work in groups: Non-infectious PD complications	Reto Venzin Felix Burkhalter
16:30 - 17:00	What the nephrologist needs to know about Ammonia; is RRT indicated in Hyperammonemia?	Andrew Fenves
17:00 - 17:30	Discussion and Evaluation	
17.30	End of CME Days	

## SPEAKERS AND TUTORS

Buchkremer Florian

Aarau

Burkhalter Felix

Liestal

Farese Stefan

Solothurn

Fenves Andrew

Harvard Medical School



Friedrich Dirk

Aarau

Gerber Lukas

Aarau

Harmacek Dusan

Lausanne

Hertel Carla

Basel

Mohebbi Nilufar

Zürich

Scotti Gerber Jennifer

Lugano

Segerer Stephan

Aarau

Uehlinger Dominik

Bern

Venzin Reto

Chur

Von Arx Tanja

Aarau

**DANK FREUNDLICHER UNTERSTÜTZUNG VON:**



## GENERAL INFORMATION / CREDITS

Scientific Committee

Prof. Stephan Segerer, Aarau &  
Young Swiss Nephrology members

Registration & Invoice

Registration is by email to the SGN Office stating:

### FIRST COME, FIRST SERVE

→ Name and first name / detailed address

→ Mobile number and e-mail address

→ Birthdate

→ YSN member: Yes / No

**Registration closes on: 15.08.2021**

You receive a confirmation of registration as well as the invoice by e-mail.

Hotel accommodation / aarau info

Web: <https://hotels.aarauinfo.ch/>  
062 834 10 34 / [mail@aarauinfo.ch](mailto:mail@aarauinfo.ch)

Certificate of attendance

The certificate will be handed out on site.

### CONTACT IN GENERAL

Schweiz. Gesellschaft für Nephrologie  
Frau Maya Weder - Office  
Postfach 567 | 3076 Worb  
Tel. +41 (0)31-711-24-60  
E-mail: [office@swissnephrology.ch](mailto:office@swissnephrology.ch)

### CONTACT DURING CME DAYS

Frau Sandra Bürki  
Kantonsspital Aarau AG  
Tellstrasse 25, CH-5001 Aarau  
Tel. +41 (0)62 838 6554  
[Sandra.Buerki@ksa.ch](mailto:Sandra.Buerki@ksa.ch)

### REGISTRATION FEE

2 days (Friday & Saturday)

CHF 200.00

2 days (Friday & Saturday)

CHF 150.00 for YSN members

### Venue

Kantonsspital Aarau  
Tellstrasse 25, CH-5001 Aarau  
Grösser Hörsaal  
Haus 1, Anbau Ost, 1. UG  
(Haupteingang Haus 1 benutzen)

The Kantonsspital Aarau is located only a short distance from the SBB Aarau train station and can be reached on foot in 10 minutes or by bus. Parking on the hospital grounds is subject to a fee. For visitors we recommend the use of the parking garage.

### Credits

03.09.2021

SGN-SSN 7

SGAIM-SSMIG 7.5

04.09.2021

SGN-SSN 6

SGAIM-SSMIG 7.5